



14 October, 2026

Codo Del Pozuzo, Puerto Inca, Peru

NGO Management Internship:

Daily Tasks

Daily activities will vary depending on our current projects, but volunteer interns will be able to get involved in a variety of tasks and development initiatives including, but not limited to:

- **Educational projects**

This project involves in supervising and teaching English language to a local community. Interns will supervise other volunteers in creating exams for each level. Interns will also supervise our Kids Explorer program (boy & girl scout) with the organization of environmental education activities including reforestation and excursions to the Amazon Rainforest.

- **Finances**

An important aspect of managing a non-profit organization is finance. As an NGO management volunteer intern, you will be supporting accounting processes, working with spreadsheets and financial performance metrics and reports.

- **Social Media/Website**

As a rapidly growing organization, we are always expanding current projects and creating new ones whilst running community events. There's a lot going on at Semillas Life every week and we need help documenting it all! You will be supporting by taking photos and making videos of all the ongoing activities as content for our social media platforms and website.

- **Build relationships**

Build relationships with NGO's or universities and reaching out to staff members who may be willing to set up faculty-led study abroad programs, internships, or other partnerships with Semillas Life.

- **Project monitoring, data analysis and evaluation**

Many of our ongoing projects require monitoring and evaluation of the project's progress for current and future sponsors. NGO management interns can get involved in designing and carrying out surveys in the local community and teaching place, analyzing data and report writing.

- **General project maintenance**

NGO management volunteer interns are also needed to support other volunteer interns and staff in the maintenance of our reforestation sites, permaculture garden, dry toilet units and more. This gives you a great opportunity to learn about and apply their knowledge and skills in a variety of aspects of sustainable development.

Benefits of Joining This Program

We are looking for individuals passionate about sustainable development to support us in the day-to-day management of the organization. The benefits of taking part in this volunteer internship include:

- **Professional Growth:** Enhance your CV and gain hands-on experience managing sustainable and educational projects within an international development NGO, making a real and positive impact on vulnerable communities.
- **Collaborative Learning:** Work alongside and learn from experienced, passionate professionals from a diverse range of disciplines.
- **Language & Cultural Immersion:** Improve your Spanish language skills with 4 hours of weekly lessons, and immerse yourself in the rich Amazonian customs, traditions, and unique heritage—ranging from the distinct Austro-German history in Codo del Pozuzo to the vibrant indigenous cultures across the Puerto Inca region.
- **Amazonian Lifestyle:** Live and work in a unique village located in the Peruvian Amazon. Enjoy the warm tropical climate and the breathtaking nature of the Amazon rainforest through our guided jungle excursions and camping trips.

Requirements

This volunteer internship is open to all disciplines and is ideal for those interested in international and sustainable development. Undergraduates, postgraduates, PhD candidates, and professionals are all welcome.

We simply ask for the following:

- Minimum age of 18.
- Basic experience or a strong motivation to work as part of a team away from home.
- Most importantly: an open mind, a positive attitude, and a genuine willingness to learn!

Financial Contribution

As a non-profit organization, Semillas Life does not distribute surplus income as profit or dividends. However, like any organization, we incur essential operational costs that must be covered to sustain our initiatives and daily operations.

Operating as a non-profit allows us to keep costs low and make our internships more accessible compared to other programs. We work efficiently to minimize overhead, ensuring that our resources drive immediate, meaningful impact while securing the long-term sustainability of our organization.

Financial contributions from volunteers and interns serve as a fundamental source of income. These funds allow us to compensate local staff, support organizational logistics, and directly finance our conservation and community projects. Simply by joining the program, your contribution makes a direct, positive difference on the ground.

- **Minimum Stay:** 2 weeks.
- **Pricing Structure:** Financial contributions vary based on the duration of your stay. Weekly rates decrease for longer commitments. The table below outlines the required contributions relative to your placement duration.

2 Weeks	US\$700
3 Weeks	US\$950
4 Weeks	US\$1200
5 Weeks	US\$1400
6 Weeks	US\$1600
7 Weeks	US\$1800
8 Weeks	US\$2000
9 Weeks	US\$2200
10 Weeks	US\$2400

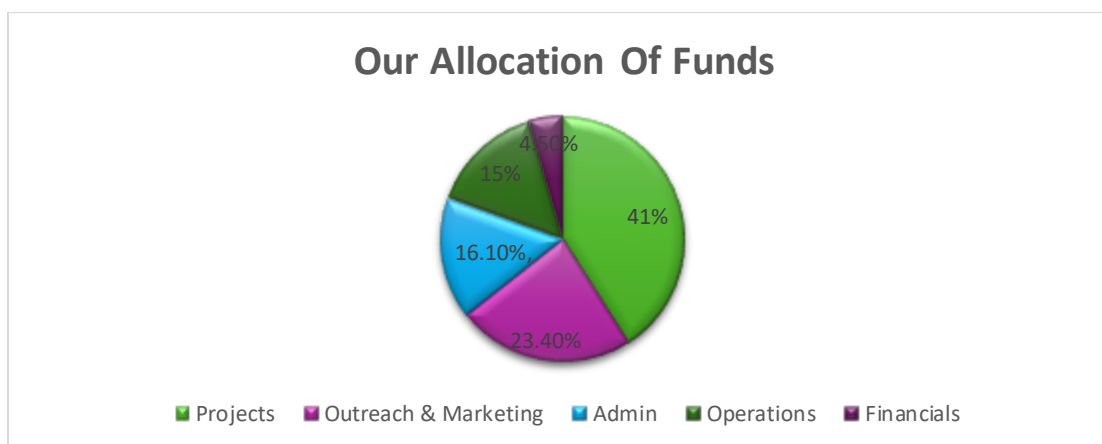
11 Weeks	US\$2600
12 Weeks	US\$2800

For stays exceeding 12 weeks, the contribution rate is **USD \$150** for each additional week.

Payment Information

- **No Application Fee:** There is no fee to apply or submit your application.
- **Payment Timing:** Your contribution to the program must be paid in full 2 weeks prior to your arrival in Codo del Pozuzo.
- **Payment Methods:** Payments are accepted via international bank transfer to our Peruvian/German bank account or through **Wise**

Our Operating Costs Break Down	
Project Costs (Materials, Equipment, Logistics, Project Staff)	41.00%
Administrative Costs (Legal, Accounting, Utilities, Admin Staff)	16.10%
Operations (HR, Logistics, Operations Staff)	15.00%
Outreach & Marketing (Partnerships, Promotions, Digital Systems, Ambassadors Program)	23.40%
Financial Costs (Local Banking Fees, Financial Services)	4.50%
TOTAL: 100%	



Your financial contribution includes and covers the following:

- **Transportation:** Round-trip transfer from or to the airport/bus station in Pucallpa. The scenic ride between Pucallpa and Codo del Pozuzo (Puerto Inca) takes approximately 5 hours.
- **Accommodation:** Stays in one of our shared cabins, equipped with beds, mattresses, bedsheets, blankets, pillows, and mosquito nets. Bathrooms and showers are located in the backyard, and photographs of the facilities are available upon request. Depending on availability, rooms may be shared by two interns or provided as private single rooms. We also supply hammocks for relaxing and tents for camping trips, alongside reliable 24/7 Wi-Fi access across all cabins.
- **Meals:** Breakfast and lunch provided from Monday through Friday, with vegetarian options readily available. A fully equipped kitchen with gas is also provided for interns to prepare their own meals in the evenings and on weekends.
- **Pre-Departure Support:** Comprehensive pre-departure logistics organization and guidance.
- **Spanish Lessons:** 4 hours of Spanish classes per week. Volunteers/interns have the option to require more hours of Spanish lessons for an extra fee (US\$10.00 dollars per extra hour).
- **Weekend Activities:** Guided weekend trips and excursions organized in advance through mutual coordination with our interns.
- **Artisanal Chocolate Workshop:** Hands-on participation in our traditional chocolate-making workshop.
- **Fruit Picking Activities:** Engaging in seasonal fruit harvesting alongside the Semillas Life team.
- **Networking & Local Integration:** Direct facilitation of local contacts—including community leaders, local government officials, partner organizations, universities, and businesses—ensuring constant community engagement.
- **Certificate of Participation:** An official certificate awarded by Semillas Life NGO upon successful completion of the program.

What Is Not Included (Exclusions)

- **Travel & Airfare:** International and domestic flights or long-distance bus tickets.
- **Insurance:** Travel, medical, and personal liability insurance (mandatory for all participants).
- **Transportation:** Daily personal transportation around the local area (excluding scheduled activities included in the program).
- **Laundry Services:** Laundry is done by hand in the designated wash area in our cabin's backyard.
- **Additional Meals & Personal Food:** Meals outside of the provided schedule (e.g., dinners, weekend meals, and personal snacks).

- **Recreational Activities:** Any independent leisure trips or activities outside of the official *Week of Adventure Package*.
- **Personal Expenses:** Personal items, toiletries, pocket money, and individual needs.

Independent & Leisure Activities

During their free time, interns have the opportunity to explore the region independently and engage in various recreational, cultural, and outdoor activities:

- **Cultural & Community Exploration:**
 - Visit neighboring Austrian and German heritage communities in Codo del Pozuzo, Pozuzo, and Oxapampa.
 - Experience a cultural visit to the indigenous Kakataibo community of Santa Martha in Codo del Pozuzo, Puerto Inca.
- **Excursions & Nature Trips:**
 - Day trip to the famous Shanay-timpishka (Boiling River) in Honoria, Puerto Inca.
 - Local boating trips along surrounding rivers.
 - Traditional Ayahuasca wellness ceremonies in Pucallpa.
- **Personal Wellness & Outdoor Recreation:**
 - Yoga, running, and fitness outdoors.
 - Recreational fishing in local waterways.

Please Note: Excursions, guided visits, and transport for independent activities outside the official program schedule are not included in the internship package.

About Semillas Life

Who We Are

Semillas Life is a non-governmental organization dedicated to driving economic and social development across communities in the Peruvian Amazon. Our work focuses on five core pillars: **education, public health, environmental conservation, sustainable ecotourism, and cultural exchange.**

Our Mission & Vision

In the province of Puerto Inca, approximately 75% of the population lives without basic infrastructure, such as running water, adequate sanitation, or paved roads. Despite these challenges, the region possesses extraordinary potential as a sustainable tourism destination. Founded in June 2018, Semillas Life was created to help unlock this potential through community-driven initiatives.

We believe that empowering local communities through skill development and economic opportunities reduces poverty while offering viable alternatives to environmentally destructive

practices—such as illegal logging and chemical-heavy gold mining. By establishing sustainable income streams, we enable communities to protect their natural surroundings rather than depleting them.

"Protecting the Amazon is a global responsibility due to its incalculable biological and ecological value."

Where We Work

While Semillas Life operates across various districts within the Province of Puerto Inca (Huánuco, Peru), **this internship is based in the district of Codo del Pozuzo and/or district of Puerto Inca.**

Located in the central Peruvian Amazon at an elevation of 330 meters above sea level, Puerto Inca is the largest of eleven provinces in the Huánuco Region and ranks among the most biodiverse places on Earth. The region is home to several indigenous nations—including the Asháninka, Yánesha, Shipibo, and Kakataibo—as well as unique Austro-German settlements. Puerto Inca is a peaceful, safe, and welcoming area where visitors can explore comfortably.

The province of Puerto Inca is divided into five main districts:

- Codo del Pozuzo
- Honoria
- Puerto Inca
- Tournavista
- Yuyapichis

Demographic Background: According to official INEI census data, Spanish is the primary language spoken by nearly 90% of the population in Puerto Inca. However, the region retains vibrant linguistic diversity, with vibrant communities speaking Quechua, Asháninka, Aymara, and various other Amazonian indigenous languages.

Why Choose Us?

Joining Semillas Life offers a rare opportunity to immerse yourself in Amazon's extraordinary biodiversity and authentic local traditions, far beyond standard commercial tourism.

Equally important, your involvement creates a direct, positive impact. We collaborate closely with local stakeholders, ensuring that financial contributions flow directly into the local economy—supporting host families, driver networks, farmers, local businesses, artisans, teachers, health workers, and field biologists—while sustaining our NGO's long-term conservation projects.

How to Get to Semillas Life in Codo del Pozuzo or Puerto Inca

To reach our site in Codo del Pozuzo or Puerto Inca, interns must first travel from **Lima to the city of Pucallpa** by plane or bus.

1. Travel to Pucallpa

- **By Air (Recommended):**
 - **Airlines:** LATAM, Sky Airline (low-cost), and Star Perú (low-cost) offer daily direct flights from Lima.
 - **Approximate Fares:** USD \$60 – \$90 / €50 – €85 / £44 – £80 (one way). *Fares depend on baggage weight and how far in advance tickets are booked.*
- **By Bus:**
 - **Bus Companies:** Cruz del Sur, Movil Bus, Transmar, and Estrella Polar.
 - **Approximate Fares:** USD \$25 – \$45 / €22 – €37 / £19 – £33 (one way).

2. Arrival & Orientation

- **Pickup Point:** Our staff or a taxi driver will meet you upon arrival at **Captain Rolden / David Abensur Rengifo International Airport (PCL)** or the central bus station in Pucallpa.
- **Onward Travel:** From Pucallpa, we will transport you to Codo del Pozuzo or Puerto Inca. The overland trip takes approximately **5 hours to Codo del Pozuzo and 3 hours to Puerto Inca**.
- **Arrival Recommendation:** We advise booking travel that arrives in Pucallpa **no later than 1:00 p.m. (13:00 h)**. We strongly encourage arriving over the weekend (Friday, Saturday, or Sunday) so you can get settled, explore the village, and visit local attractions before field activities begin on Monday.

3. Weekly Schedule & Work Dynamics

First-Day Orientation

Upon arrival at the project site, our local coordinator will conduct an orientation walk to explain local transportation options (*mototaxis/tuk-tuks*, walking routes, *colectivos*). You will meet the project supervisor to review your assigned tasks and responsibilities.

Typical Work Week

- **Work Schedule:** Field shifts are typically **6 hours per day from Monday through Friday**.
- **Flexible Hours:** If your university requires additional placement hours, schedules can be extended or adjusted to include Saturdays upon request.
- **Evenings:** Evenings are free to relax, prepare meals, or attend weekly Spanish lessons.
- **Weekends:** Weekends feature guided rainforest excursions, including jungle exploration, cave visits, river swimming, waterfalls, and camping trips.

Note: Daily field schedules and activity hours remain flexible and subject to local weather conditions for safety and operational efficiency.

Important Information for Interns

1. Living Costs & Local Dining

- **Inexpensive Meals:** Local set lunches (*menús*) cost approximately **S/ 10.00** (USD \$3.00 / €2.50 / £2.00). These meals typically include an appetizer (soup or salad), a main dish (chicken, beef, or fish), and a fruit drink.
- **Self-Catering & Fruit Harvesting:** Cooking in the communal kitchen is even more budget-friendly. Interns are also welcome to pick fresh fruit available free of charge throughout the village.
- **Pricing Practices:** To avoid overpaying, always confirm prices or fares before purchasing goods or using local transport (tuk tuks, taxis, buses).

2. Money, Banking & Currency

- **Local Currency (Soles):** We strongly recommend exchanging foreign currency to Peruvian Soles (PEN) upon arrival in Lima or Pucallpa, as local transactions require soles.
- **ATMs & Cash Access:**
 - **There are no ATMs in Codo del Pozuzo.** The nearest ATMs are located in Pozuzo, Oxapampa, or Pucallpa (2 to 5 hours away).
 - You can withdraw cash from ATMs at the Lima or Pucallpa airports. Local banks like *Banco de la Nación* and *BCP* often process international card transactions without additional bank fees.
- **Currency Exchange Guidelines:**
 - Avoid exchanging money at airport booths due to unfavorable exchange rates. Use official exchange houses (*casas de cambio*) in Lima or Pucallpa.
 - Local banks only exchange **USD to Soles** (Euros and other currencies are not accepted). Dollar bills must be crisp, unblemished, and in excellent condition to be accepted. We advise keeping bills flat inside a book.
- **Money Transfers:** Western Union services are available in Codo del Pozuzo.
- **Refund Policy:** Financial contributions are non-refundable if an intern chooses to depart prior to their scheduled end date.

3. Internet & Connectivity

Wi-Fi Access: Shared satellite Wi-Fi is available across our field huts. While satellite internet provides reliable connectivity in remote rainforest locations, connection speeds may slow down when multiple users are connected simultaneously or during severe weather conditions.

4. Water, Health & Safety

- **Drinking Water:** We utilize well water at the field site; therefore, interns **must bring a portable water filter** (such as a LifeStraw or Sawyer) for daily use and field excursions. Alternatively, 20-liter bottled water containers can be purchased locally for approximately USD \$3.00.
- **Medical Facilities:**
 - Codo del Pozuzo has a primary health center with an ambulance for minor illnesses and injuries, supported by five local pharmacies.
 - Major hospitals and comprehensive clinics are located in Oxapampa and Pucallpa (approx. 5 hours away).
 - Our project maintains full first-aid kits and anti-venom serum on-site for emergency response.
- **Vaccinations:** Although no cases of Yellow Fever or Malaria have occurred in our area since our project began in 2018, the Yellow Fever vaccination is strongly recommended.
- **24/7 Support:** Our staff is available 24/7 in the event of an emergency.

5. Packing Recommendations

- **Clothing:** Lightweight, breathable clothing (T-shirts, shorts, swimwear), a rain jacket or poncho, flip-flops, a wide-brimmed hat, and sturdy trekking boots.
- **Gear:** Flashlight/headlamp, pocket knife, compass or GPS device, sleeping bag, sunglasses, sunblock, mosquito repellent, and a portable water filter.
- **Personal Medication:** Personal first-aid items, including treatments for colds, fever, pain, stomach aches, and motion sickness/diarrhea.

6. Climate & Weather

- **Rainy Season:** Heavy rainfall occurs primarily between **December 15th and March 15th**.
- **Wettest Month:** January.
- **Driest Month:** July.

7. NGO Policies & Community Guidelines

- **Capacity & Accommodation:** We accommodate single interns, couples, groups of up to 20 participants (larger groups can be arranged upon request), and domestic pets.

- **Smoking Policy:** Smoking is permitted in designated areas but strictly prohibited in front of children and students involved in our educational programs.
- **Substance Use & Conduct:** Drug abuse is strictly prohibited. Under Peruvian law, consuming alcohol in public streets is illegal.
- **Code of Conduct:** Inappropriate behavior or violation of NGO rules will result in immediate expulsion from Semillas Life, requiring the participant to leave Codo del Pozuzo within 48 hours.
- **Media Release:** Photographs taken during official activities and field trips may be featured on Semillas Life social media channels and promotional materials.

Please do not hesitate to contact our team if you require further information or assistance prior to your arrival.

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