



15 October 2026

Codo Del Pozuzo, Puerto Inca, Huanuco, Peru

Medical Internship

This program directly supports the local healthcare system in Codo del Pozuzo, Puerto Inca (Huánuco, Peru)—a community facing limited medical resources, facility constraints, and high patient demand. Interns work alongside local healthcare professionals, providing essential support across primary medical services while gaining hands-on clinical experience in a rural setting. It is an ideal placement for medical and nursing students, public health majors, or aspiring healthcare professionals looking to make a meaningful community impact while experiencing the rich biodiversity of the Peruvian Amazon.

Eligibility & Program Requirements

Who is Eligible?

Applicants must be qualified doctors, medical professionals, or students currently enrolled in medical, nursing, dentistry, midwifery, or related pre-med fields. To ensure patient safety and ethical standards, **participants without verified medical background or credentials will not be permitted to join this program.**

Program Requirements

- **Age Limit:** Participants must be at least 18 years old by the start date of the project.
- **Insurance:** Valid health, accident, and personal liability insurance is mandatory for all participants.
- **Documentation:** Prior to arrival, candidates must submit:
 - A current CV / Resume.
 - A copy of a valid Passport / Government ID.
 - Official student ID or professional credentials (medical, nursing, dental, midwifery, etc.).
- **Adaptability:** A flexible mindset and open attitude toward living and working in a remote, resource-limited environment.
- **Minimum Stay:** 2 weeks.

Language Requirement

- Activities and clinical duties are conducted in Spanish. We strongly recommend an **intermediate level of Spanish** for effective communication.
- While local staff can assist with basic interpretation, they will not be available at all times. Participants with basic Spanish should have a reliable translation app installed.
- Complimentary Spanish instruction (4 hours per week) is included during the placement.

Available Clinical Departments

- **General Medicine:** Assist local staff with outpatient consultations, minor emergency care, wound cleaning, and sutures.
- **Obstetrics & Women's Health:** Assist with family planning services, prenatal/postnatal care, childbirth support, and cervical cancer screenings.
- **Nursing:** Support child development checks, immunizations, IV/catheter placements, emergency triage, and medication administration.
- **Dentistry:** Assist in dental consultations, preventative care, fillings, and extractions.
- **Pharmacy:** Help with medication dispensing, prescription management, and drug inventory control.
- **Laboratory:** Assist in the collection and processing of clinical samples according to medical orders.
- **Psychology:** Assist with mental health screenings and community wellbeing initiatives.
- **Environmental Health & Vector Control:** Participate in local public health efforts, including disease vector control, solid waste management, and drinking water quality assessments.

Roles & Responsibilities

The duties assigned to participants will be determined strictly by their level of training, relevant certifications, and medical licensing.

- **Pre-med and Medical/Health Students:** Work directly under the continuous supervision of local doctors, nurses, and healthcare staff. Participants will assist the team by providing support in areas such as:
 - Taking vital signs (blood pressure, heart rate, temperature, weight, and height).
 - Gathering and recording medical histories.
 - Assisting physicians with routine physical examinations and checkups.
 - Supporting minor surgical procedures and wound care (including suturing under supervision).
 - Administering vaccinations and injections.
 - Assisting with general medical and outpatient clinic needs.
- **Qualified Doctors and Licensed Professionals:** Provide direct medical care and specialist support tailored to their professional experience, clinical background, and local administrative authorization.

Financial Contribution

As a non-profit organization, Semillas Life does not distribute surplus income as profit or dividends. However, like any organization, we incur essential operational costs that must be covered to sustain our initiatives and daily operations.

Operating as a non-profit allows us to keep costs low and make our internships more accessible compared to other programs. We work efficiently to minimize overhead, ensuring that our resources drive immediate, meaningful impact while securing the long-term sustainability of our organization.

Financial contributions from volunteers and interns serve as a fundamental source of income. These funds allow us to compensate local staff, support organizational logistics, and directly finance our conservation and community projects. Simply by joining the program, your contribution makes a direct, positive difference on the ground.

- **Minimum Stay:** 2 weeks.
- **Pricing Structure:** Financial contributions vary based on the duration of your stay. Weekly rates decrease for longer commitments. The table below outlines the required contributions relative to your placement duration.

2 Weeks	US\$820
3 Weeks	US\$1230
4 Weeks	US\$1600
5 Weeks	US\$1950
6 Weeks	US\$2280
7 Weeks	US\$2590
8 Weeks	US\$2880
9 Weeks	US\$3150
10 Weeks	US\$3400
11 Weeks	US\$3630
12 Weeks	US\$3840

After 12 weeks the fee for this internship is US\$150 dollars per each extra week.

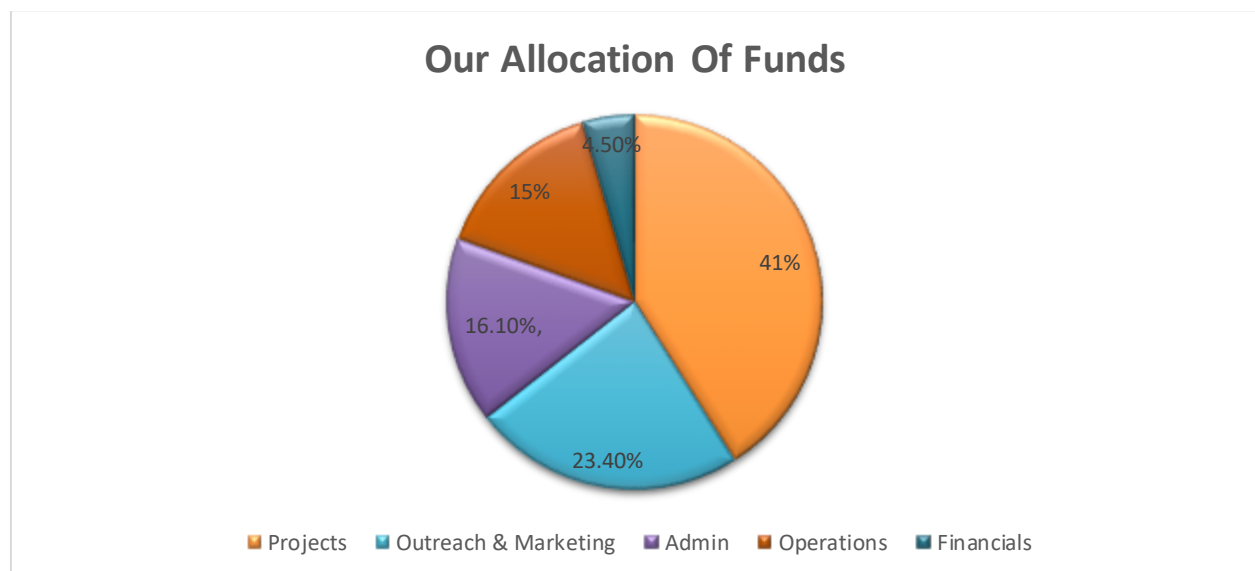
Payment Information

- **No Application Fee:** There is no fee to apply or submit your application.
- **Payment Timing:** Full payment of your program contribution is required no later than 2 weeks prior to your arrival in Codo del Pozuzo / Puerto Inca.
- **Payment Methods:** Payments are accepted via international bank transfer to our Peruvian/German bank account or through **Wise**

Refund Policy:

- If a cancellation request is submitted within the 2 weeks prior to your arrival in Codo del Pozuzo / Puerto Inca, a 25% cancellation fee of the total program contribution will apply, and the remaining 75% will be refunded.
- If an intern decides to depart early or leave the program before their scheduled end date, financial contributions are non-refundable.

Our Operating Costs Break Down	
Project Costs (Materials, Equipment, Logistics, Project Staff)	41.00%
Administrative Costs (Legal, Accounting, Utilities, Admin Staff)	16.10%
Operations (HR, Logistics, Operations Staff)	15.00%
Outreach & Marketing (Partnerships, Promotions, Digital Systems, Ambassadors Program)	23.40%
Financial Costs (Local Banking Fees, Financial Services)	4.50%
TOTAL: 100%	



What Your Financial Contribution Covers

What Is Not Included (Exclusions)

The program fee does not cover:

- Airfares or long-distance bus travel to/from the region.
- Travel, health, and liability insurance.
- **Leisure & Optional Excursions:** Recreational activities, independent tours, or trips outside the official program schedule.
- Daily local transportation (*note: the healthcare center is just an 8-minute walk from the volunteer house*).
- Meals not specified in the inclusions, personal snacks, and individual supplies.

Free Time Activities & Cultural Exchange Benefits

- **Community & Cultural Immersion:** Participants are warmly welcomed into the local community, offering a unique opportunity to experience Amazonian customs, traditions, and daily life firsthand. Building cross-cultural friendships, developing adaptability, and fostering mutual respect and shared values are central to our mission.
- **Local Excursions & Biodiversity:** We are delighted to organize trips to local attractions and guided walks into the rainforest, introducing participants to the rich flora and fauna of the Amazon. (*Minimum stay of 2 weeks required*).

Independent & Leisure Activities

During their free time, interns have the opportunity to explore the region independently and engage in various recreational, cultural, and outdoor activities:

- **Cultural & Community Exploration:**
 - Visit neighboring Austrian and German heritage communities in Pozuzo, and Oxapampa.
 - Experience a cultural visit to the indigenous Kakataibo community of Santa Martha in Codo del Pozuzo, Puerto Inca.
- **Excursions & Nature Trips:**
 - Day trip to the famous Shanay-timpishka (Boiling River) in Honoria, Puerto Inca.
 - Local boating trips along surrounding rivers.
 - Traditional Ayahuasca wellness ceremonies in Pucallpa.
- **Personal Wellness & Outdoor Recreation:**
 - Yoga, running, and fitness outdoors.
 - Recreational fishing in local waterways.

Please Note: Excursions, guided visits, and transport for independent activities outside the official program schedule are not included in the internship package.

How to Apply

To apply for the Medical Internship, please submit your application via email following these steps:

1. **Required Documents:**
 - Updated CV / Resume
 - Proof of medical qualification or credentials (*for licensed professionals*)
 - Current Student ID (*for medical, nursing, or pre-med students*)
2. **Email Subject Line:** Please use "**Medical Internship Application**"
3. **Send To:** info@semillaslife.org

Note: The minimum stay requirement for this program is 2 weeks.

About Semillas Life

Who We Are

Semillas Life is a non-governmental organization dedicated to driving economic and social development across communities in the Peruvian Amazon. Our work focuses on five core pillars: **education, public health, environmental conservation, sustainable ecotourism, and cultural exchange.**

Our Mission & Vision

In the province of Puerto Inca, approximately 75% of the population lives without basic infrastructure, such as running water, adequate sanitation, or paved roads. Despite these challenges, the region possesses extraordinary potential as a sustainable tourism destination. Founded in June 2018, Semillas Life was created to help unlock this potential through community-driven initiatives.

We believe that empowering local communities through skill development and economic opportunities reduces poverty while offering viable alternatives to environmentally destructive practices—such as illegal logging and chemical-heavy gold mining. By establishing sustainable income streams, we enable communities to protect their natural surroundings rather than depleting them.

"Protecting the Amazon is a global responsibility due to its incalculable biological and ecological value."

Where We Work

While Semillas Life operates across various districts within the Province of Puerto Inca (Huánuco, Peru), **this internship is based in the district of Codo del Pozuzo.**

Located in the central Peruvian Amazon at an elevation of 330 meters above sea level, Puerto Inca is the largest of eleven provinces in the Huánuco Region and ranks among the most biodiverse places on Earth. The region is home to several indigenous nations—including the Asháninka, Yánesha, Shipibo, and Kakataibo—as well as unique Austro-German settlements. Puerto Inca is a peaceful, safe, and welcoming area where visitors can explore comfortably.

The province of Puerto Inca is divided into five main districts:

- Codo del Pozuzo
- Honoria
- Puerto Inca
- Tournavista
- Yuyapichis

Demographic Background: According to official INEI census data, Spanish is the primary language spoken by nearly 90% of the population in Puerto Inca. However, the region retains vibrant linguistic diversity, with vibrant communities speaking Quechua, Asháninka, Aymara, and various other Amazonian indigenous languages.

Why Choose Us?

Joining Semillas Life offers a rare opportunity to immerse yourself in Amazon's extraordinary biodiversity and authentic local traditions, far beyond standard commercial tourism.

Equally important, your involvement creates a direct, positive impact. We collaborate closely with local stakeholders, ensuring that financial contributions flow directly into the local economy—supporting host families, driver networks, farmers, local businesses, artisans, teachers, health workers, and field biologists—while sustaining our NGO's long-term conservation projects.

How to Get to Semillas Life in Codo del Pozuzo

To reach our site in Codo del Pozuzo, interns must first travel from **Lima to the city of Pucallpa** by plane or bus.

1. Travel to Pucallpa

- **By Air (Recommended):**
 - **Airlines:** LATAM, Sky Airline (low-cost), and Star Perú (low-cost) offer daily direct flights from Lima.

- **Approximate Fares:** USD \$60 – \$90 / €50 – €85 / £44 – £80 (one way). *Fares depend on baggage weight and how far in advance tickets are booked.*
- **By Bus:**
 - **Bus Companies:** Cruz del Sur, Movil Bus, Transmar, and Estrella Polar.
 - **Approximate Fares:** USD \$25 – \$45 / €22 – €37 / £19 – £33 (one way).

Arrival & Orientation

- **Pick-up Service:** Our staff or taxi driver will welcome you upon arrival at either the **David Abensur Rengifo Airport** or the main bus station in Pucallpa, followed by an overland journey to Codo del Pozuzo, Puerto Inca (approx. 5 hours).
- **Arrival Timing:** We strongly advise scheduling your arrival in Pucallpa **no later than 1:00 p.m. (13:00 h)**.
- **Recommended Days:** We suggest arriving over the weekend (Friday, Saturday, or Sunday). This allows time to settle in, explore the village, and visit local attractions with our team before your internship officially begins on Monday.

Schedule & Daily Routine

- **Day One Orientation:** On your first day, a local coordinator will conduct an orientation session, walk you to the placement site, and introduce you to the health center director to review your role and responsibilities. You will also learn how to navigate local transportation (tuk-tuks, *colectivos*, and walking routes).
- **Location:** The health center is conveniently located just a **5-minute walk** from the participant accommodation.

Typical Weekly Schedule:

- **Monday to Friday (Main Work Schedule):** 8:00 a.m. – 3:00 p.m. (includes a 1-hour lunch break).
- **Evenings:** Reserved for free time, Spanish lessons, or relaxing at the cabin.
- **Weekends:** Dedicated to guided excursions and activities, including jungle exploration, visits to local caves, swimming in rivers and waterfalls, or overnight camping trips.

Flexible Hours:

- **Additional Hours & Days:** If your university or academic program requires additional hours, placements can be extended to include Fridays, Saturdays, or longer daily shifts upon request.

Note: Daily operational hours may vary slightly based on the immediate clinical needs and patient volume of the healthcare center.

Important Information for Interns

1. Living Costs & Local Dining

- **Inexpensive Meals:** Local set lunches (*menús*) cost approximately **S/ 10.00** (USD \$3.00 / €2.50 / £2.00). These meals typically include an appetizer (soup or salad), a main dish (chicken, beef, or fish), and a fruit drink.
- **Self-Catering & Fruit Harvesting:** Cooking in the communal kitchen is even more budget-friendly. Interns are also welcome to pick fresh fruit available free of charge throughout the village.
- **Pricing Practices:** To avoid overpaying, always confirm prices or fares before purchasing goods or using local transport (tuk tuks, taxis, buses).

2. Money, Banking & Currency

- **Local Currency (Soles):** We strongly recommend exchanging foreign currency to Peruvian Soles (PEN) upon arrival in Lima or Pucallpa, as local transactions require soles.
- **ATMs & Cash Access:**
 - **There are no ATMs in Codo del Pozuzo.** The nearest ATMs are located in Pozuzo, Oxapampa, or Pucallpa (2 to 5 hours away).
 - You can withdraw cash from ATMs at the Lima or Pucallpa airports. Local banks like *Banco de la Nación* and *BCP* often process international card transactions without additional bank fees.
- **Currency Exchange Guidelines:**
 - Avoid exchanging money at airport booths due to unfavorable exchange rates. Use official exchange houses (*casas de cambio*) in Lima or Pucallpa.
 - Local banks only exchange **USD to Soles** (Euros and other currencies are not accepted). Dollar bills must be crisp, unblemished, and in excellent condition to be accepted. We advise keeping bills flat inside a book.
- **Money Transfers:** Western Union services are available in Codo del Pozuzo

General Information & Field Guidelines

1. Internet & Connectivity

- **Shared Wi-Fi:** Shared Wi-Fi hotspot access is available across our huts. (*Note: Speeds may decrease when multiple participants are connected simultaneously*).
- **Local SIM Card Option:** For participants who need a stable connection for remote work, we recommend purchasing a local SIM card (approx. **\$15.00 USD / €12.50 EUR / £11.00 GBP**), which includes unlimited data for up to 30 days.
- **Coverage:** **Claro** provides the most reliable network coverage in Codo del Pozuzo.

2. Drinking Water

- Tap water is available in Codo del Pozuzo. However, we recommend bringing a **portable water filter** for convenience, especially during jungle excursions.
- 20-liter purified water jugs can also be purchased locally for approximately **\$3.00 USD**.

3. Health, Safety & Medical Facilities

- **Local Health Center:** A local health center is available in Codo del Pozuzo for minor illnesses or injuries. A basic first-aid kit is also available on-site.
- **Pharmacies & Emergency Response:** The town has around 5 small pharmacies, and the local health center operates an ambulance service for emergencies.
- **Hospitals:** Major hospitals and private clinics are located in Oxapampa and Pucallpa (approx. 5 hours away by car).
- **Vaccinations:** While no cases of yellow fever or malaria have been reported in our project area since its start in 2018, both vaccinations are recommended prior to travel.
- **24/7 Support:** Our team is available 24/7 to assist participants in any emergency.

4. Climate & Seasons

- **Rainy Season:** Heavy rainfall occurs primarily between December 15th and March 15th.
- **Wettest Month:** January.
- **Driest Month:** July.

5. Packing List Recommendations

- **Clothing:** Lightweight/breathable clothing, T-shirts, shorts, swimwear, rain poncho or waterproof jacket, flip-flops, hat, and sunglasses.
- **Gear:** Sturdy trekking/hiking boots, flashlight or headlamp, sleeping bag, pocket knife, compass/GPS, and a portable water filter.
- **Personal Care:** Sunscreen, high-strength mosquito repellent, and a basic personal pharmacy (medications for pain, fever, colds, stomach aches, diarrhea, etc.).

6. Program Policies & Community Code of Conduct

- **Languages Spoken:** Our staff speaks Spanish, English, and German.
- **Participant Capacity:** We welcome solo travelers, couples, organized groups, and pets, with a maximum capacity of **12 participants at a time**.
- **Smoking Policy:** Smoking is permitted only in designated areas; smoking in the presence of students or children is strictly prohibited.
- **Alcohol & Drugs:** Drinking alcohol in public streets is prohibited. Due to the educational nature of our organization, drug abuse is strictly forbidden.
- **Media Policy:** Photos and videos taken during activities may be featured on Semillas Life's official social media channels.

- **Behavioral Expectations:** Any participant demonstrating inappropriate behavior or violating program regulations will be expelled immediately and required to leave Codo del Pozuzo within 48 hours.

Please do not hesitate to contact us if you need any further information or clarification.

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